



International Child Development Programme

Foundation ICDP Sweden

Stockholm, 8 of March 2015

Annual Report 2014

Background

The program Guiding interaction / ICDP part of an international network that works to improve the lives of people worldwide. The program is a way to realize humanistic endeavours such as human rights conventions. The program was developed by Professor Henning Rye and Professor Karsten Hundeide previous work at the University of Oslo. ICDP is an international foundation, registered in Norway in 1992, website: www.icdp.info. The ICDP-programme is based on modern research on interaction and communication. It is relational and resource-oriented and used in daily interaction situations.

Guided Interaction / ICDP in Sweden - brief history

The work of the ICDP-programme in Sweden started in 1999 when Professor Henning Rye trained the first group of counselors, these counselors then trained 13 people in 2000 to become ICDP supervisors. These individuals worked in pediatric care, preschool, school and social services.

In October 2000, the Foundation ICDP Sweden registered with County Administrative Board of Stockholm. The foundation's purpose is to introduce the ICDP in Sweden and to promote the dissemination and further development of the program. The Foundation organizes training courses and seminars.

Working with the ICDP-programme is a way to realize the intentions of the UN Convention on the Rights of the Child. Since the turn of 2006/07 the Foundation ICDP Sweden is part of the Network for the Child Convention.



Board of Directors 2014

Paul Bergman, psychologist, psychotherapist, member
Caroline Wendel, social worker, treasurer of the foundation,
Grete Flakk at Barne, youth og family Directorate, Oslo, senior advisor
Åsa Lindström, special education, secretary of the Foundation
Annelie Waldau, certified psychologist and certified psychotherapist,
president of the Foundation
Peter Westmark, lecturer firewood University College North Jutland.
Karin Edenhammar, psychologist, senior advisor

Board Foundation ICDP Sweden has had six formal meetings during the fiscal year 2014. 4/3, 20/3, 4/6, 5/9, 26/11, 11/12
Board of ICDP AB has had six minuted meetings during fiscal year 2014, same dates as above.

Foundation Board ICDP Sweden has had a strategy meeting where long-term goals and strategies were discussed. Date 5/9 2014.

Training and organizational development

Level 1 and 2 counsellor educations in Sweden

Courses in the program Guided Interaction/ICDP has taken place in different parts of the country. Numbers will be registered by year-end.

Level one: The foundation ICDP Sweden has no records on individuals trained at level one. Tutors has during 2013 trained approximately 1072 individuals. The likely total figure is expected to exceed **11 000**.

Level two: There are **2 000** individuals holding a diploma as counselors in the foundations registry. This means that **300** new counselors have been trained during the year.



Level three: 195 individuals are trained as supervisors/tutors within the program and are under contract with the foundation regarding the use and design of the program. **21** new supervisors has received diplomas in 2014.

Work within the program Guided Interaction/ICDP is on-going in various services, including child health, pre-school, school, social services and elderly care.

Many different professions are represented in the training programs that have taken place during the year; principals in preschools/schools, preschool teachers, nannies, special education teachers, counsellors, psychologists, physicians, nurses, youth workers, career counsellors, school counsellors, school nurses, social workers, family therapists, therapy assistants, social workers, midwives, elderly care personnel and youth counsellors, as well as many more.

Many other activities besides the training programs have taken place across the country during 2014;

- Inspirational lectures / seminars
- Information meetings for politicians, policy makers and management teams
- Introductory lectures for various professions
- Lectures at universities, colleges, specialist courses and conferences
- Network meetings for ICDP counsellors
- Orientation of working groups in schools
- Parental guidance
- Guidance of educators in preschool
- Coaching and mentoring of working groups and individuals in the program's approach

Central training

Two central courses at level one has been held in Stockholm, at Ersta conference, during the fall- and spring semesters. There were approximately 20 participants per sessions. These were followed by two-step II courses.



A new level 3 training started 9-10th October 2014 at Stora Brännbo, Sigtuna (completed spring 2017). Number of participants is 17.

Commissioned training programs

A number of commissioned programs have been conducted throughout the year with trainers from ICDP and representatives from the Board of ICDP. Altogether, 65 individuals have attended level 1, 2 and 3 courses held by representatives for ICDP Sweden.

The places for trainings are: Göteborg, Sunne, Hagfors and Sigtuna.

Competence development for counsellors and supervisors during 2014

An autumn networking meeting was held on 4/9 at Ersta conference, Stockholm. Guest speaker was Susan Hart, author and neuropsychologist psychotherapist from Denmark, Copenhagen. She has since the mid-1990s developed neuroaffective Developmental Psychology as a "map" or navigation tool for understanding human personality development.

The lecture had focus on the child's early life experiences and the influence on the organization of nervous system. The latest brain research shows that the child's functioning in mental terms is established at the close interaction between the nervous system congenital conditions and the environment the child is staying in. That the child is part of an interaction with loving care providers during childhood is essential for nervous system gets a good development. The ICDP-programme helps us to put this knowledge into practice.

Nordic Board Network Meeting 2014

Network meeting took place in Åbo on the 20nd of March 2014. There were 18 persons from Finland, Denmark, Norway and Sweden

The goal of the meeting was to discuss ways of strengthen the Nordic cooperation in different aspects. The meeting decided to start to groups, one research group and one guidance group.



New material

A new Book on the ICDP-programme, practical experience from 15 years implementation in Sweden and the theoretical background is in production. The book is planned to be released in fall 2015. The production name is "Dialog and Democracy".

A booklet, by Peter Westmark, on the narratives on "golden moment" has been released in fall 2014.

Updates on the webpage and change of web firm

The webpage has been polished and the networking page Community will still gain several new functions.

Web-evaluation

The first interim regarding evaluation of guidance group has now finished. There were 200 attendees, including parents, educators, and families. Some tendencies are visible. A new design for further evaluation will be developed in cooperation Linköpings University.

The Board of Directors Meeting has not yet approved the annual report. The Swedish meeting will held on 12 of juni 2015.

Chairman ICDP Sweden

Annelie Waldau Bergman Stockholm 8th mars 2015.

